

FREE training and education pack - AET Talk About Alcohol (TAA) for Secondary Schools

Outline

The Alcohol Education Trust (AET) is offering 1 1/2 hour Talk About Alcohol (TAA) teacher training session, looking at PSHE approved resources for use in Secondary Schools. The course aims to improve confidence in delivering Alcohol Education within Schools.

The FREE programme will take place on

When: Monday, 11th June 2018,
Time: 3:30pm – 5:00pm (refreshments will be served from 3pm)
Where: Myplace, Youth Facility – Large Theatre

Course Overview

The vision of the AET is for young people to enter adulthood with a balanced understanding of alcohol by equipping them with the knowledge and skills to make responsible and informed choices.

The AET's PSHE Association approved TAA programme is shown to effectively raise the age of onset for youth drinking (currently age 14). Early regular use is associated with lower academic attainment and other risk taking. Through the programme we work to raise the age of onset for youth drinking, to reduce binge drinking and drunkenness and its associated harms and hence, to reduce the amount of alcohol related illnesses and harm in adulthood. The AET is offering a CPD training session around its TAA resource, which will cover alcohol and its effects, both social and physical, alcohol and the law, units and guidelines and staying safe. There is a strong emphasis on games, activities and social norms, teaching positive approaches and resilience that engage young people around alcohol and the issues they face as they get older. Each candidate will receive a TAA resource.

Learning Outcomes

A detailed overview of the interactive TAA resources which have a strong emphasis on games, activities and teaching positive approaches and resilience that engage young people around alcohol

Knowledge of both the social and physical effects of alcohol; alcohol and the law; units and guidelines and staying safe

A hands on experience of using the resources teacher workbook

The knowledge of a social norms teaching approach

An awareness of how parents influence young people's behaviour around alcohol.

- Additionally public health will also be offering a session on the topic of FASD (Foetal Alcohol Spectrum Disorder) a term given for a range of permanent disabilities that

can be caused when a developing baby in the womb is exposed to alcohol, this can include physical disabilities, learning difficulties and behavioural problems.

This pack (quality marked by PSHE association) will also be mapped to the Middlesbrough Respect Yourself risk reduction teams - programme of study as a recommended resource.

If you would like to attend, please let Ralph Jordinson know attendee numbers by emailing Ralph_jordinson@middlesbrough.gov.uk

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