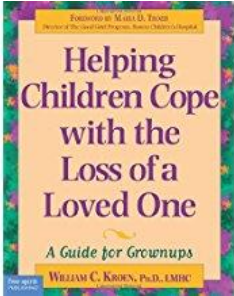
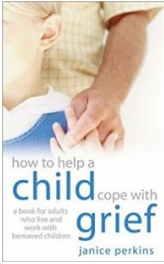


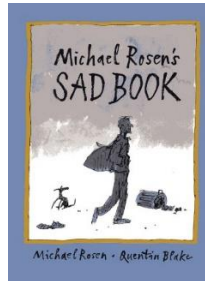
Young People and Bereavement

This is a small selection of titles available from Middlesbrough Libraries which may help children and young people deal with grief and bereavement.

Title	Summary
<p>William C. Kroen – Helping Children Cope with the Loss of a Loved One. Free Spirit Publishing, 1996 ISBN: 978-1575420004</p> 	<p>A title for parents, teachers and anyone dealing with a bereaved child, giving practical advice on how to help children from infants to 18 through the grieving process. Dr Kroen explains how children at all ages and stages perceive and react to death.</p>
<p>Janice Perkins – How to Help a Child Cope with Grief Foulsham, 2007 ISBN: 978-0572033095</p> 	<p>A practical guide to help adults who live and work with bereaved children.</p>

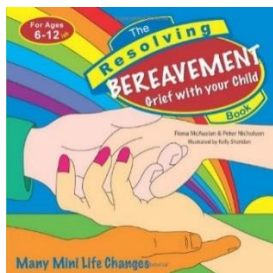
**Michael Rosen – Michael Rosen’s
Sad Book**

Walker, 2011
ISBN: 9781406313161



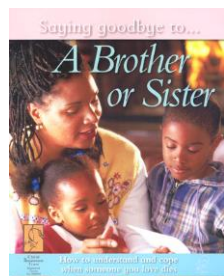
We all have 'sad stuff' to deal with in life. What makes Michael Rosen most sad is thinking about his son, Eddie, who died. In this book he writes about his sadness, how it affects him, and some of the things he does to try to cope with it. Suitable for children age 5-7

**Fiona McAulson & Peter
Nicholson**
Resolving Bereavement
Veritas Publications, 2010
ISBN: 978-1847302540



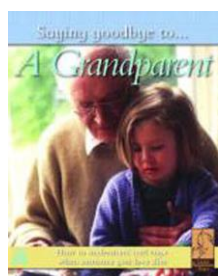
A book to help children deal with the acute loss and strong emotions that result from the death of a loved one. Suitable for ages 6-12.

**Nicola Edwards –
(Saying Goodbye to series)
Chrysalis Children’s Books**



ISBN:

978-1844584659



ISBN:

978-1841388342

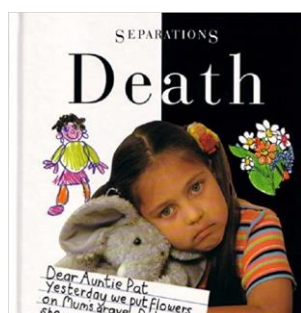


ISBN:

978-1841388335

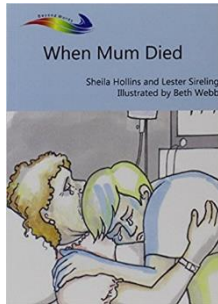
The titles in this series aim to help and support children going through the difficult and upsetting stages of bereavement by helping children to understand their feelings and the natural process of emotions of the loss of a loved one. Suitable for children 7-9.

**Janine Amos – Death
(Separations Series)
Cherrytree Books, 2002
ISBN: 978-1842341636**

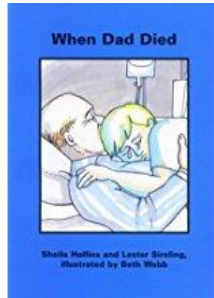


This book covers many of the challenges that children encounter when losing a loved one. Sensitive advice is offered through personal letters and notes from children. The title looks at the loss of grandparents, siblings and even pets, enabling children to deal with their grief at their own pace. Suitable for children 7-9.

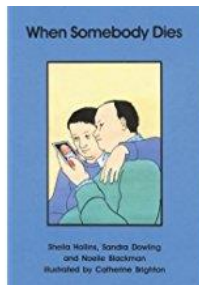
**Sheila Hollins
(Books Beyond Words Series)**



ISBN:
9781904671039



ISBN:
9781904671047



ISBN:
9781901242904

For adults with learning disabilities, the 'Books Beyond Words' series tell a story through pictures. This series covers bereavement and looks at the death of a parent and a person close to the individual in a simple but moving way, showing how counselling, and companionship can provide comfort and help to cope with grief.

The approach is non-denominational and guidelines and general advice are included.

**DI Stubbs - A Child's Grief.
Supporting a child when
someone in their family has
died.**

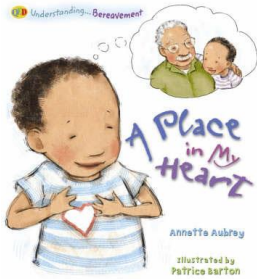
Winston's Wish, 2009
ISBN: 9780955953934



A booklet to help adults support children through a bereavement, includes practical suggestions and ideas for activities and where to go for support.

Annette Aubrey – A Place in My Heart

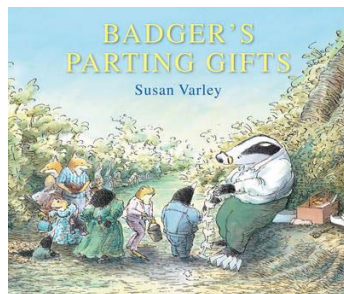
QED Publishing, 2008
ISBN: 9781848350045



A picture book title for 0-5 year olds, which tells the story of Andrew, whose grandad has died. Andrew feels very sad and confused and talks about his feelings with his mum and dad. Suitable for children 0-5

Susan Varley – Badger's Parting Gifts

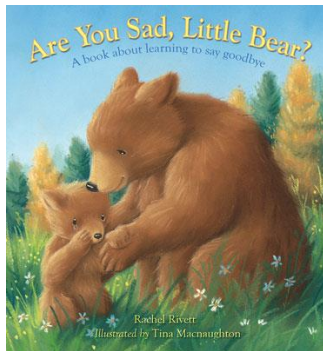
Andersen Press, 2013
ISBN: 9781849395144



Susan Varley wrote this book to help children overcome the death of a loved one. The book tells the story of Badger who is so old that he knows he will soon die. He tries to prepare his friends for this event. When Badger dies, his friends are grief-stricken. Gradually they come to terms with their grief by remembering all the practical things Badger taught them, and so Badger lives on in his friends' memories of him. Suitable for children 0-5

Rachel Rivett – Are You Sad Little Bear

Lion Children's Books, 2013
ISBN: 9780745964300

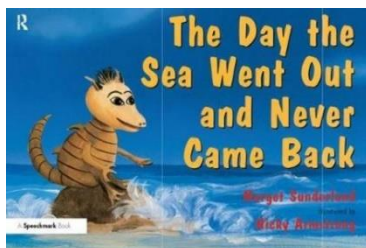


A picture book to help young children in times of bereavement, loss or change, gently exploring the reasons for saying goodbye and giving reassurance that goodbye doesn't mean the end of things.

Suitable for children 0-5

**Margot Sunderland –
The Day the Sea Went Out and
Never Came Back**

Routledge, 2003
ISBN: 9780863884634



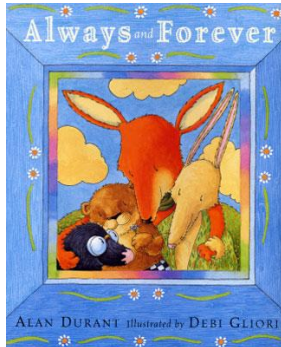
This children's book is written especially for youngsters who have lost someone they love. The story focuses upon a dragon called Eric who loves the sea. He loves to watch it ebb and flow but one day it goes out and never comes back.

Suitable for children age 5-7

Alan Durant – Always and Forever

Picture Corgi, 2013

ISBN: 9780552567657



When Fox dies, the rest of his family are distraught. How will Mole, Otter and Hare go on without their beloved friend? But months later, Squirrel reminds them all of how funny Fox used to be, and they all realize that Fox is still there in their hearts and memories.

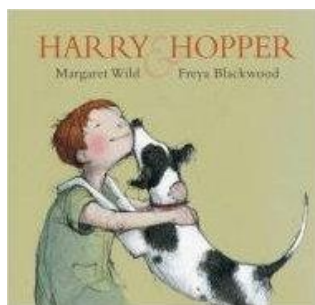
Suitable for children 0-5

Margaret Wild and Freya Blackwood

– Harry & Hopper

Scholastic, 2012

ISBN-13: 978-1407111391



A picture book telling the story of Harry and his dog Hopper. One day Harry returns from school and Hopper isn't there to greet him. Hopper will never be there again, but Harry is not ready to let him go.

Suitable for children 4-7

**Nils Pieters and Frith Williams –
Fox & Goldfish**

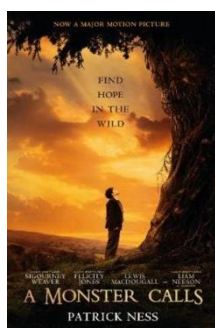
Book Island, 2016
ISBN: 9780994128218



Fox knows that Goldfish is very unwell. Before it's too late, he takes his friend on an epic adventure beyond the fishbowl. Together they take a splash in the ocean, go for a bike ride in the Grand Canyon, admire Mount Fiji, explore the jungle, go skiing and even make it to the moon. Then time has come for Fox to let go of Goldfish. At least he's shown him the entire world. Suitable for children 0-5

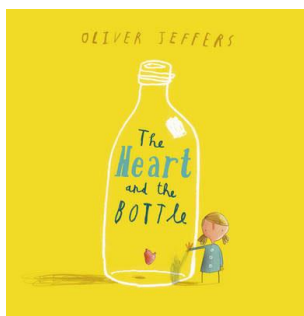
**Patrick Ness and Siobhan Dowd
A Monster Calls**

Walker Books, 2016
ISBN: 9781406376524



A novel about love, loss and hope. Conor has the same dream every night, ever since his mother first fell ill, ever since she started the treatments that don't quite seem to be working. A story of mischief, healing and above all, the courage it takes to survive. Suitable for teenagers.

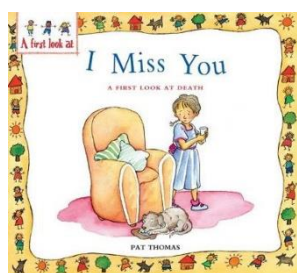
Oliver Jeffers
The Heart and the bottle
Harper Collins, 2010
ISBN: 9780007182305



Once there was a girl whose life was filled with wonder at the world around her. She shared all her dreams and excitement with her father, who always had the answer to every question, until one day when his chair was empty, not to be filled again. How would she ever find meaning from her life? The themes of love and loss are explored in this life-affirming and uplifting tale, showing that ultimately there is always hope.

Suitable for children 0-5

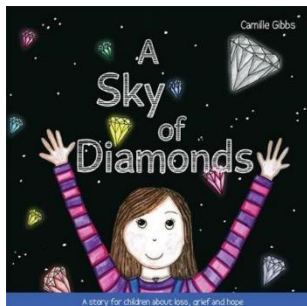
Pat Thomas – I Miss You
Wayland, 2009
ISBN: 9780750260824



This book helps young children come to terms with the loss of loved ones, through examples such as the death of a grandparent or pet. Suitable for children 0-5

Camille Gibbs
A sky of Diamonds: A Story for Children about Loss, Grief and Hope

Jessica Kingsley, 2015
ISBN: 9781849056229

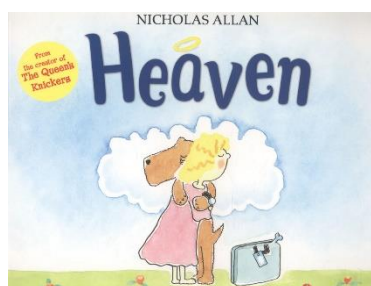


When Mia learns that her mother has died, all the colour in her world changes to a dreary grey. She feels guilty, angry, sad and lost and she doesn't know what to do to feel better. Little by little, with the help of her Dad, Mia learns how to cope with her difficult feelings. Together, they remember her mother by creating memory boxes, and they even get rid of anger by crazily sloshing paints and punching holes in newspapers! In the end, Mia finds her own, very special way of coping. When she feels sad or lonely, she looks up to the stars.

Suitable for children 5-7

Nicholas Allan - Heaven

Red Fox, 2014
ISBN: 9781782953050



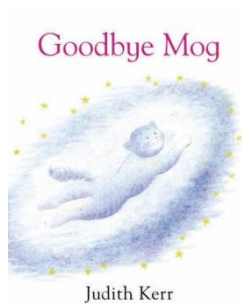
Dill the dog knows his time is up so he packs his case and tells Lily, his owner, that he's off "up there". While he is waiting for the angels to collect him, Dill explains to Lily what he thinks heaven is like: hundreds of lampposts to pee against, lots of whiffy things to smell. Lily completely disagrees, she thinks heaven is quite different. Luckily, they agree to disagree just in time for a fond, and very poignant, last goodbye.

Suitable for children 0-5

Judith Kerr, Goodbye Mog

Collins, 2002

ISBN: 9780007149681



Mog was tired - dead tired. She thought, 'I want to sleep for ever'. And so she did. But a little bit of her stayed awake to see what would happen next. So Mog keeps watch over the upset Thomas family, who miss her terribly, and she wonders how they will ever manage without her. This title looks at death through a pet.

Suitable for children 0-5